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11/20/2013	Value	YTD %
Dow Jones Industrial Avg	15967	21.8%
Vanguard 500 Index	165.28	27.6%
Vanguard Total Bond Index	10.67	-1.6%

RIDING THE CREST

As the graph below shows, investing at market highs can be very costly and take decades for recovery. In a recent on-line article on *Marketwatch*, financial writer Brett Arends stated:

“According to conventional wisdom, any attempt to time the market is fundamentally flawed. Stock markets follow a ‘random walk’, they say. No one can predict the market’s next move, so trying to do so will end up costing you money. A lot of your long-term gains will come from a few big “up” days, and these are completely unpredictable — if you are out of the market when they happen you will miss out on a lot of profits.”

What Random Walk?

Rolling 10-year returns from S&P 500



Money managers often push this idea to the clients. It has, from their point of view, a side benefit: It helps keep the clients fully invested at all times, which means their assets are generating more fees.

But is the idea correct?

The simple answer: No.”

In other words, the stock market tends to follow multi-year trends of overvaluation followed by undervaluation. If you invest heavily in stock mutual funds when the market is undervalued, and have the patience to wait for the upturns, you can produce winning returns. On the other hand, if you

stay heavily invested during the multi-year overvaluation periods, you are probably going to endure deep losses when the stock markets eventually correct.

I identified an overvaluation period last year, in July. Since then, the stock market has gone up a lot: 26%. Since I have moved our investment portfolios to increasingly defensive allocations, our investments have done well, but not as well as 26%. Why not?

